

ACTIVITY PACK

ROYAL
VOLUNTARY
SERVICE

Dementia Friendly

April 2024



What am I?

1. I come in many shapes and sizes. You can water me, smell me, or put me in a vase.
What am I?

2. People make me, spend me, and save me.
What am I?

3. I have many layers, and can make you cry.
You might also eat me. What am I?

Odd Word Out

In each row, three of the words are linked and one is the odd word out, can you find it?

1. Triangle Potato Square Hexagon

2. Bus Train Stone Car

3. October February July Space

4. Chain Ten Fifteen One

5. Tiger Lion Cheetah Salmon

6. Green Frame Yellow Blue

7. Buttercup Daffodil Daisy Milk

8. Stilton Cheddar Bourbon Brie

9. Paper Skoda Audi Ford

10. Beef Chicken Pin Lamb

Finish the Song

There are some missing words in the song lyrics below, fill them in as you sing along.

1. I see trees of green, red _____ too.
2. Cheer up sleepy Jean, oh what can it mean.
To a daydream believer and a _____
queen.
3. Sittin' on the _____ of the bay.
4. You are the _____ Queen.
5. Find me _____ to love.
6. I've had the _____ of my life.
7. Very superstitious, _____ on the wall.
8. Doe, a deer, a _____ deer.
9. Cause I've got a _____ ticket. I've got a
golden chance to make my way.

The letter 'T'

Name something that fits in the categories below, all of your answers should start with the letter T.

1. Country

2. Food

3. Sport

4. Occupation

5. Fish

6. Chocolate

7. Body part

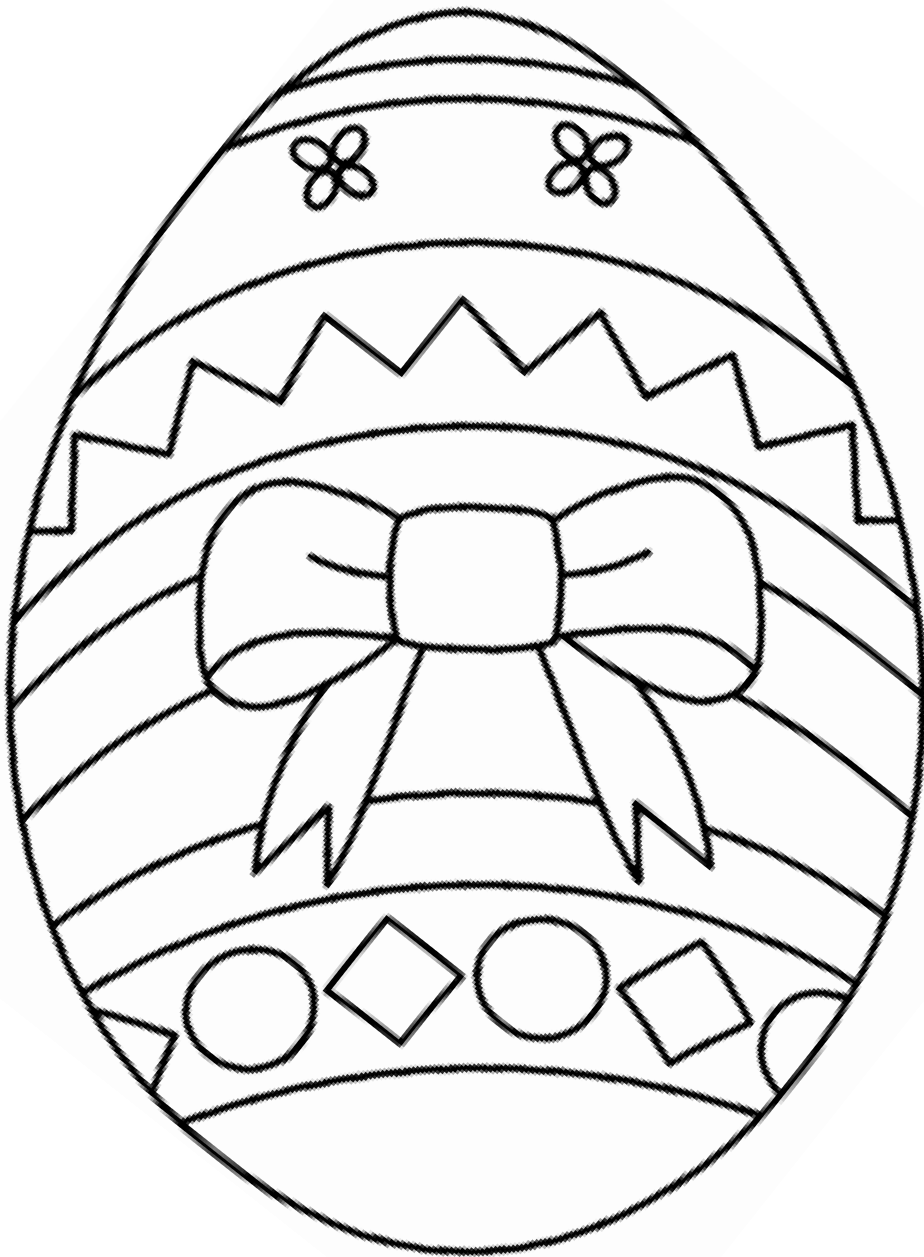
8. Animal

9. Clothing

10. Instrument

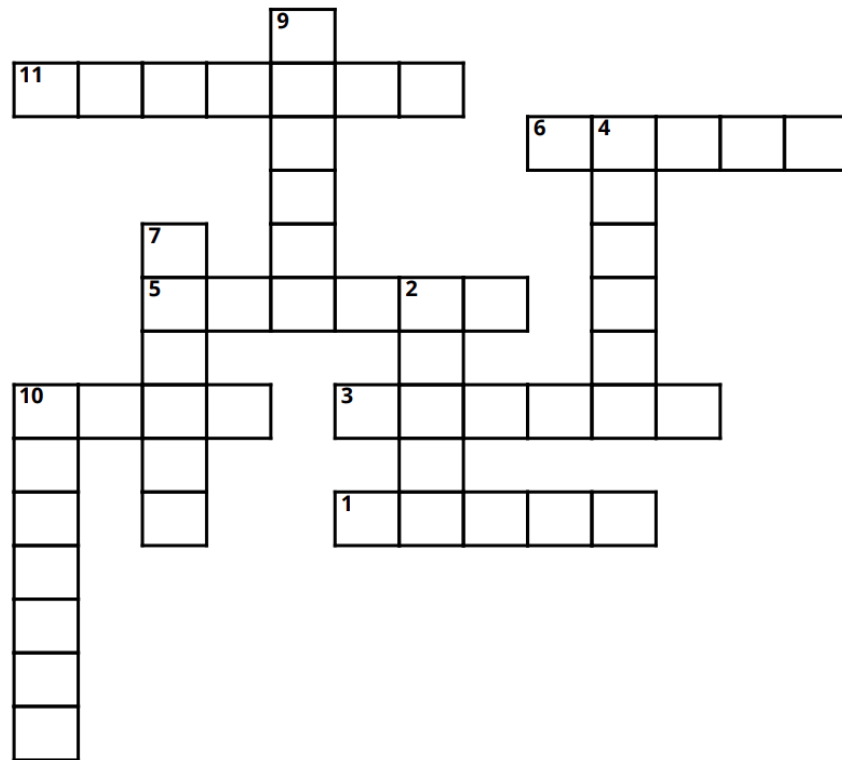
Colouring

Colour in the Easter Egg below in any way you like.



Crossword

All of the answers to the questions below are fruits and vegetables.



Across

1. A fruit that rhymes with beach - 5
3. Vegetable said to be good for the eyesight - 6
5. It is filled with Vitamin C - 6
6. Eve ate one of these - 5
10. You might eat these mushy - 4
11. Popeye enjoyed this - 7

Down

2. Wine is made from this fruit - 5
4. Vegetable can be mashed or roasted - 6
7. The main ingredient in Ketchup - 6
9. Yellow fruit - 6
10. Carved at Halloween - 7

Name the star!

Can you name the famous stars in the images below?

1.



2.



3.



4.



Numbers Quiz

All the answers to the quiz are numbers. The number of:

1. Holes on a golf course? _____
2. Hours in a day? _____
3. Months in a year? _____
4. Cards in a deck? _____
5. Days in January? _____
6. Letters in the English alphabet? _____
7. Weeks in a year? _____
8. Blind mice (in the nursery rhyme)? _____
9. Degrees in a circle? _____
10. Eggs in a dozen? _____

Alphabets

Place the following words in alphabetical order:

Spain Greece Thailand Finland

Poland India Mexico Austria

Sudan Singapore Brazil Morocco

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

Answers

Page 1. What am I?

1. Flowers
2. Money
3. Onion

Page 2. Odd Word Out

1. Potato
2. Stone
3. Space
4. Chain
5. Salmon
6. Frame
7. Milk
8. Bourbon
9. Paper
10. Pin

Page 3. Finish the song

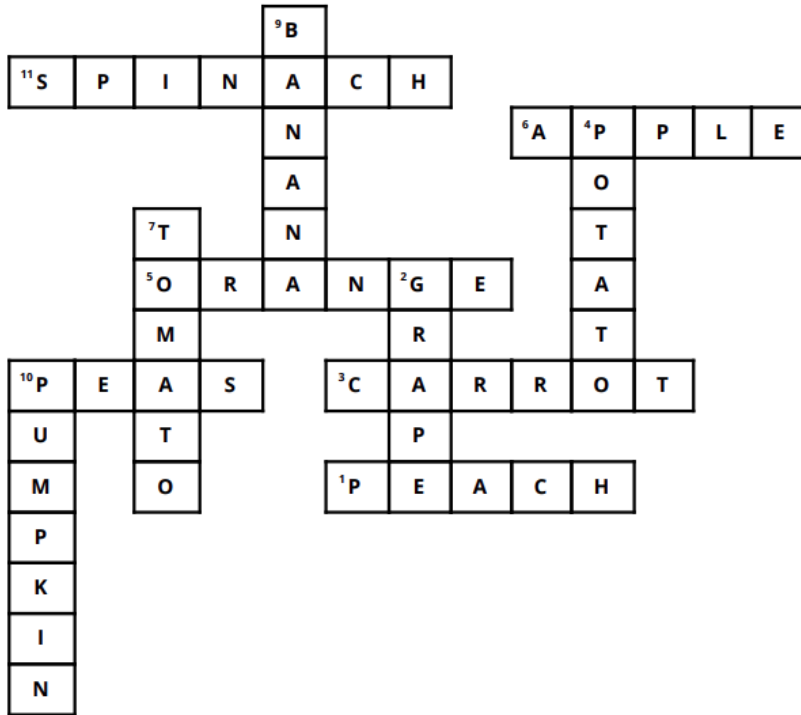
1. Roses
2. Homecoming
3. Dock
4. Dancing
5. Somebody
6. Time
7. Writing's
8. Female
9. Golden

Page 4. The letter T

- | | |
|------------------------------------|---------------------|
| 1. Tanzania, Tunisia | 6. Toblerone, Twirl |
| 2. Tangerine, Tomato | 7. Toe, Tooth |
| 3. Tennis, Taekwondo | 8. Tiger, Toad |
| 4. Tax Accountant, Trainer, Tester | 9. Tie, T-shirt |
| 5. Trout, Tetra | 10. Tuba, Triangle |

Answers

Page 6. Crossword



Page 7. Name the star

1. John Wayne
2. Diana Ross
3. Julie Walters
4. Paul McCartney

Page 8. Number Quiz

1. 18
2. 24
3. 12
4. 54
5. 31
6. 26
7. 52
8. 3
9. 360
10. 12

Page 9. Alphabets

- | | |
|--------------|--------------|
| 1. Austria | 11. Sudan |
| 2. Brazil | 12. Thailand |
| 3. Finland | |
| 4. Greece | |
| 5. India | |
| 6. Mexico | |
| 7. Morocco | |
| 8. Poland | |
| 9. Singapore | |
| 10. Spain | |

Help and Support

Royal Voluntary Service runs groups for people living with dementia and their carers, family and friends, in the following areas, to find out more please get in touch with the team in your area:

Scottish Borders:	scottishbordershub@royalvoluntaryservice.org.uk
Northumberland:	northumberlandhub@royalvoluntaryservice.org.uk
Kirklees:	kirkleesdementiasupport@royalvoluntaryservice.org.uk
Doncaster:	doncasterdementiasupport@royalvoluntaryservice.org.uk
Staffordshire:	stdementiasupport@royalvoluntaryservice.org.uk
Leicestershire:	leicestershiredementiasupport@royalvoluntaryservice.org.uk
Birmingham:	birminghamdementiasupport@royalvoluntaryservice.org.uk
South Wales:	dementiaclubwales@royalvoluntaryservice.org.uk
Oxfordshire:	oxdementiasupport@royalvoluntaryservice.org.uk
Dundee:	dundeedementiasupport@royalvoluntaryservice.org.uk
Sussex:	lancingdementiasupport@royalvoluntaryservice.org.uk

If you need urgent support, the following organisations have support lines:

Dementia UK - A free dementia helpline

Telephone:	0800 888 6678
Email:	helpline@dementiauk.org
Monday – Friday:	9:00am-9:00pm
Saturday – Sunday:	9:00am-5:00pm

Alzheimer's Society

England:	0333 150 3456
Welsh speaking:	0330 0947 400
Scotland (24hours):	0808 808 3000

Monday – Wednesday:	9:00am – 8:00pm
Thursday – Friday:	9:00am – 5:00pm
Saturday – Sunday:	10:00am – 4:00pm

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