

ACTIVITY PACK

ROYAL
VOLUNTARY
SERVICE

Dementia Friendly

October 2024



Word Scramble

All the words below are jumbled up. Can you work out what food items the letters below make?

1. KACE _____
2. TTUBER _____
3. DBREA _____
4. EASP _____
5. CIRE _____
6. RROCTA _____
7. SEECHE _____
8. REPPEP _____

Matching Pairs

Match the name on the left with their famous pair on the right. The first one has been done for you.

Punch	Ken
Tarzan	Gromit
Tom	Minnie
Bert	Olive Oyl
Jekyll	Judy
Jack	Jill
Popeye	Jane
Bonnie	Ginger
Mickey	Clyde
Wallace	Hyde
Fred	Jerry
Barbie	Ernie



Wordsearch

Can you find all ten Halloween related words in the wordsearch below?

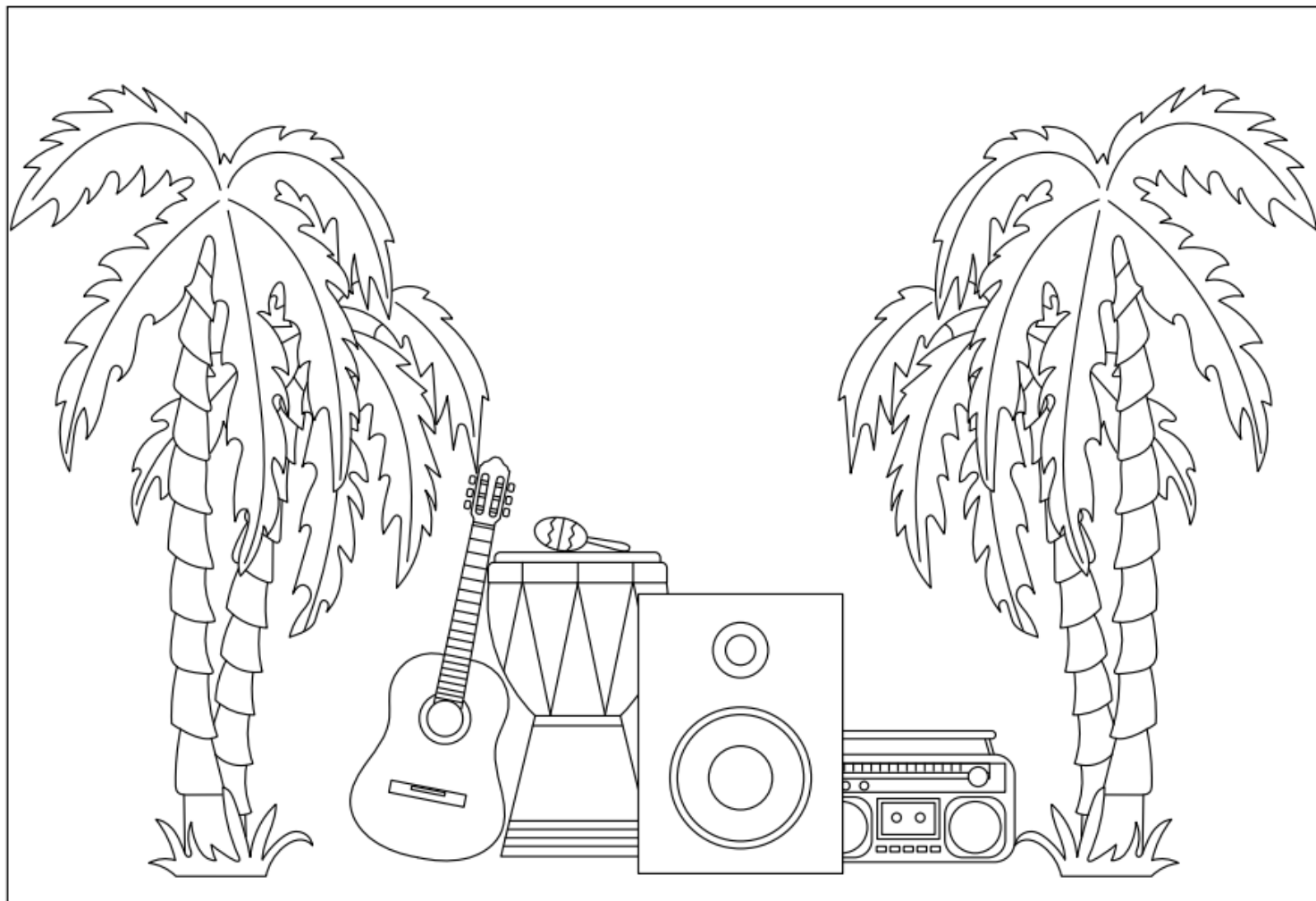
R	T	U	O	S	W	A	R	C	E	S	U	M	N	A
P	U	M	P	K	I	N	R	T	E	C	B	G	T	U
T	S	T	U	M	E	C	D	G	H	A	T	A	S	T
O	R	O	S	A	S	R	A	E	T	R	G	R	E	U
B	E	C	U	R	C	F	R	D	H	E	O	R	R	M
S	S	T	I	V	A	G	K	G	N	C	A	G	H	N
P	O	O	H	F	R	B	E	H	B	R	Y	B	R	U
O	A	B	D	R	Y	N	E	N	A	O	N	Z	T	J
O	P	E	E	E	T	H	G	A	S	W	J	M	R	A
K	G	R	R	T	G	E	H	G	Q	G	H	J	A	D
Y	H	E	T	R	I	C	K	O	R	T	R	E	A	T
E	R	T	T	H	C	G	T	Y	U	H	J	K	L	O
G	T	Y	R	T	S	A	Y	G	H	O	S	T	N	M
H	N	M	E	G	G	H	T	S	H	Y	B	A	T	H
C	O	S	T	U	M	E	S	K	I	M	T	R	A	T

Autumn
Costumes
Dark
Ghost
October

Pumpkin
Scarecrow
Scary
Spooky
Trick or Treat

Colouring

Colour in the image below, in anyway you like.



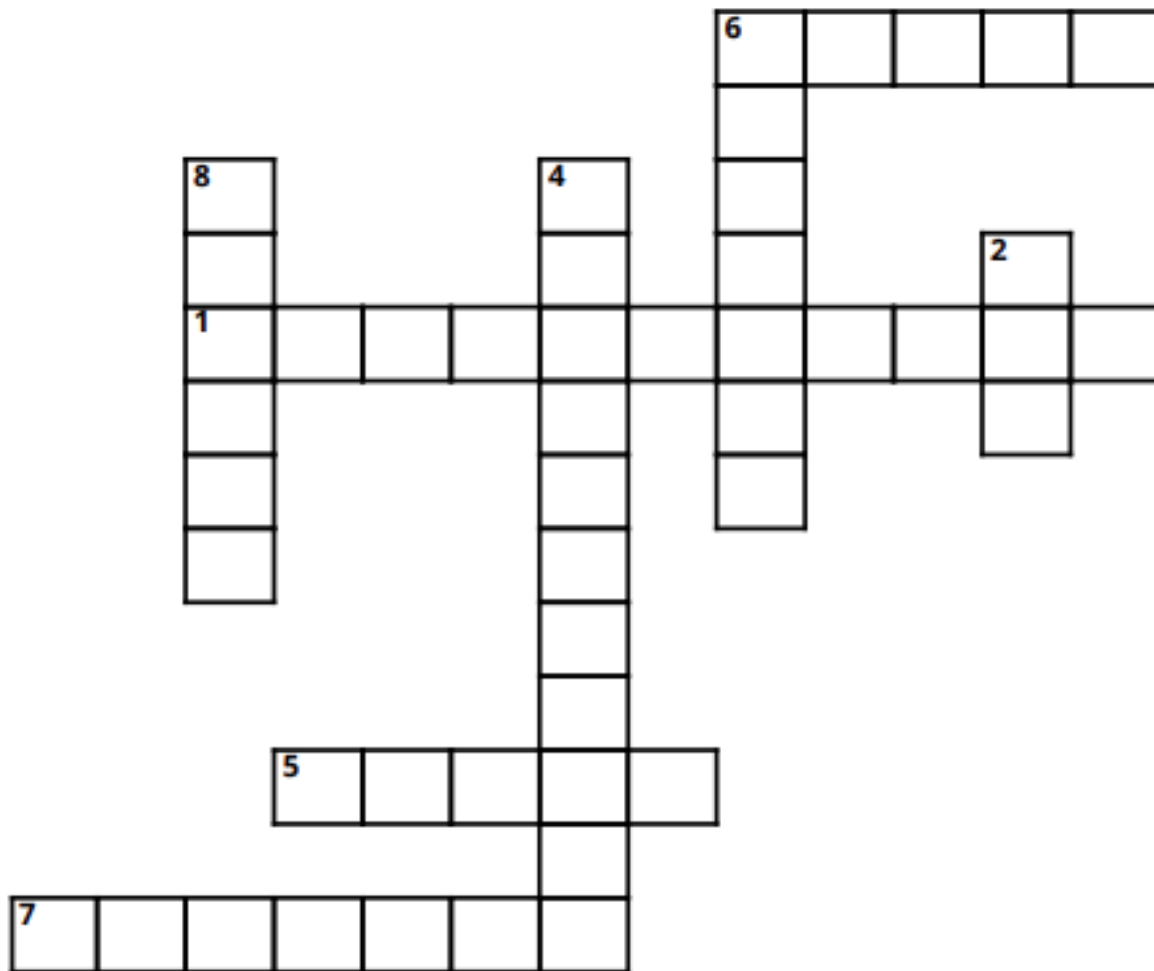
Nursery Rhyme Quiz

Fill in the missing words from the Nursery Rhymes below.

1. Polly put the _____ on.
2. Jack and Jill went up the hill,
_____.
3. Sing a song of six pence,
_____.
4. Row, Row, Row your _____.
5. Twinkle, Twinkle little _____.
6. Three blind _____.
7. Mary had a little _____.
8. Humpty Dumpty _____.
9. Incy Wincy Spider _____.
10. Hey diddle diddle the cat _____.

Crossword

All the answers to the crossword questions below are related to school days.



Across

1. Person in charge of a school - 11
5. Subject you learn about instruments and sounds - 5
6. Meal at around 12pm - 5
7. People you like to be around - 7

Down

2. Something you use to write with - 3
4. Subject you learn about numbers - 7
6. A place where books are kept - 7
8. Place where students learn - 6

Alphabets

National Baking Week takes place from 14th-20th October, all the words below are things you might use to bake. Can you put them all in alphabetical order?

Spoon	Flour	Butter	Spatula
Bowl	Oven	Sugar	Chocolate
Milk	Water	Jam	Apron

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.

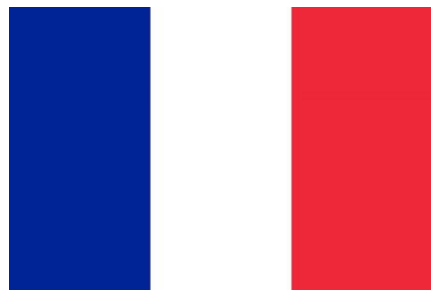
World Flags

Name the country of each flag below.

1.



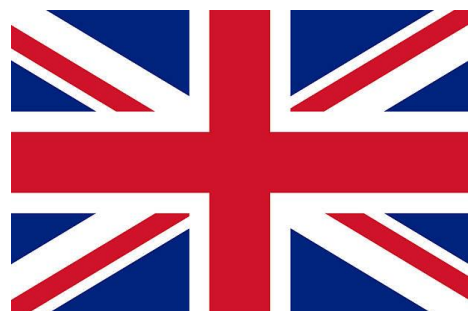
2.



3.



4.



5.



6.



Number Games

Each picture has a number attached to it to help you work out the puzzles below:



= 2



= 5



= 10

1.



+



+



=

2.



+



=

3.



+



+



=

Answers

Page 1. Word Scramble

1. Cake
2. Butter
3. Bread
4. Peas
5. Rice
6. Carrot
7. Cheese
8. Pepper

Page 2. Matching Pairs

1. Punch and Judy
2. Tarzan and Jane
3. Tom and Jerry
4. Bert and Ernie
5. Jekyll and Hyde
6. Jack and Jill
7. Popeye and Olive Oyl
8. Bonnie and Clyde
9. Mickey and Minnie
10. Wallace and Gromit
11. Fred and Ginger
12. Barbie and Ken

Page 5. Nursery Rhyme Quiz

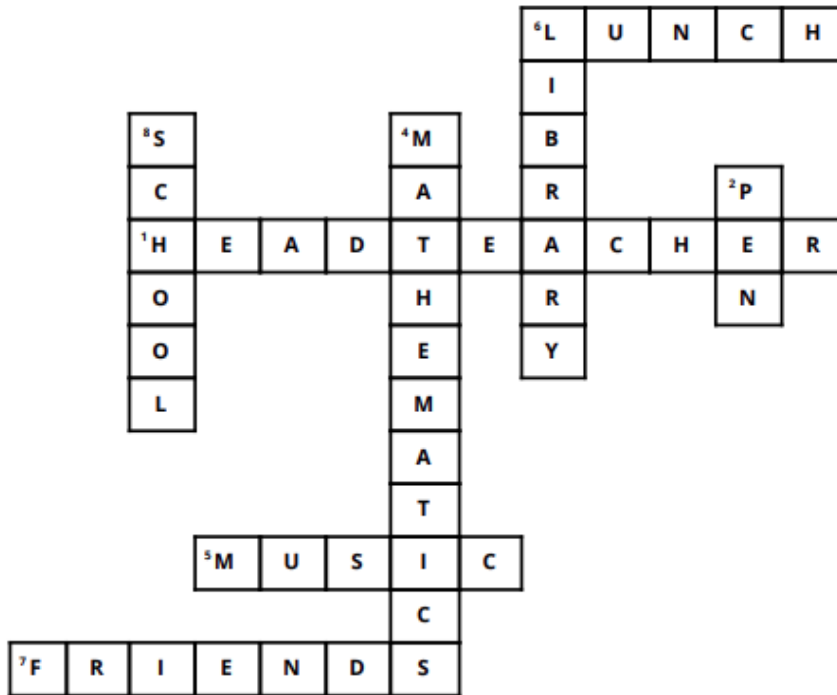
1. Kettle
2. To fetch a pail of water.
3. A pocket full of rye
4. Boat
5. Star
6. Mice
7. Lamb
8. Sat on the wall.
9. Climbed up the waterspout.
10. And the fiddle.

Page 3. Wordsearch

R	T	U	O	S	W	A	R	C	E	S	U	M	N	A
P	U	M	P	K	I	N	R	T	E	C	B	G	T	U
T	S	T	U	M	E	C	D	G	H	A	T	A	S	T
O	R	O	S	A	S	R	A	E	T	R	G	R	E	U
B	E	C	U	R	C	F	R	D	H	E	O	R	R	M
S	S	T	I	V	A	G	K	G	N	C	A	G	H	N
P	O	O	H	F	R	B	E	H	B	R	Y	B	R	U
O	A	B	D	R	Y	N	E	N	A	O	N	Z	T	J
O	P	E	E	E	T	H	G	A	S	W	J	M	R	A
K	G	R	R	T	G	E	H	G	Q	G	H	J	A	D
Y	H	E	T	R	I	C	K	O	R	T	R	E	A	T
E	R	T	T	H	C	G	T	Y	U	H	J	K	L	O
G	T	Y	R	T	S	A	Y	G	H	O	S	T	N	M
H	N	M	E	G	G	H	T	S	H	Y	B	A	T	H
C	O	S	T	U	M	E	S	K	I	M	T	R	A	T

Answers

Page 6. Crossword



Page 7. Alphabets

1. Apron
2. Bowl
3. Butter
4. Chocolate
5. Flour
6. Jam
7. Milk
8. Oven
9. Spatula
10. Spoon
11. Sugar
12. Water

Page 8. World Flags

1. Brazil
2. France
3. Canada
4. United Kingdom
5. India
6. Sweden

Page 9. Number Games

1. 14
2. 7
3. 17

Help and Support

Royal Voluntary Service runs groups for people living with dementia and their carers, family and friends, in the following areas, to find out more please get in touch with the team in your area:

Scottish Borders:	scottishbordershub@royalvoluntaryservice.org.uk
Northumberland:	northumberlandhub@royalvoluntaryservice.org.uk
Kirklees:	kirkleesdementiasupport@royalvoluntaryseaddrvice.org.uk
Doncaster:	doncasterdementiasupport@royalvoluntaryservice.org.uk
Staffordshire:	stdementiasupport@royalvoluntaryservice.org.uk
Leicestershire:	leicestershiredementiasupport@royalvoluntaryservice.org.uk
Birmingham:	birminghamdementiasupport@royalvoluntaryservice.org.uk
South Wales:	dementiaclubwales@royalvoluntaryservice.org.uk
Oxfordshire:	oxdementiasupport@royalvoluntaryservice.org.uk
Dundee:	dundeedementiasupport@royalvoluntaryservice.org.uk
Sussex:	lancingdementiasupport@royalvoluntaryservice.org.uk
Leeds:	leedsdementiasupport@royalvoluntaryservice.org.uk

If you need urgent support, the following organisations have support lines:

Dementia UK - A free dementia helpline

Telephone: **0800 888 6678**
Email: helpline@dementiauk.org

Monday – Friday: 9:00am-9:00pm
Saturday – Sunday: 9:00am-5:00pm

Alzheimer's Society

England: **0333 150 3456**
Welsh speaking: **0330 0947 400**
Scotland (24hours): **0808 808 3000**

Monday – Wednesday: 9:00am – 8:00pm
Thursday – Friday: 9:00am – 5:00pm
Saturday – Sunday: 10:00am – 4:00pm

Royal Voluntary Service is a company limited by guarantee registered in England and Wales with company number 2520413. Registered office: Hanley Centre, 29 Charles Street, Stoke-on-Trent, Staffordshire ST1 3JP.
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