

ACTIVITY PACK

ROYAL
VOLUNTARY
SERVICE

Dementia Friendly

August 2024



What am I?

1. I live in a pod, am a vegetable and have three letters to my name? _____
2. I get wet when drying, you will find me in the bathroom? _____
3. People often ask about me, I am a number, I go up each year but never down? _____

Matching Pairs

Match the descriptions below with the image of the correct fruit.

1.

This fruit is round, grows on trees. There are lots of varieties and is nice in a pie.

a)



2.

This fruit can be green, red or purple. It grows on vines

b)



3.

This fruit is yellow, often a bitter taste.

c)



4.

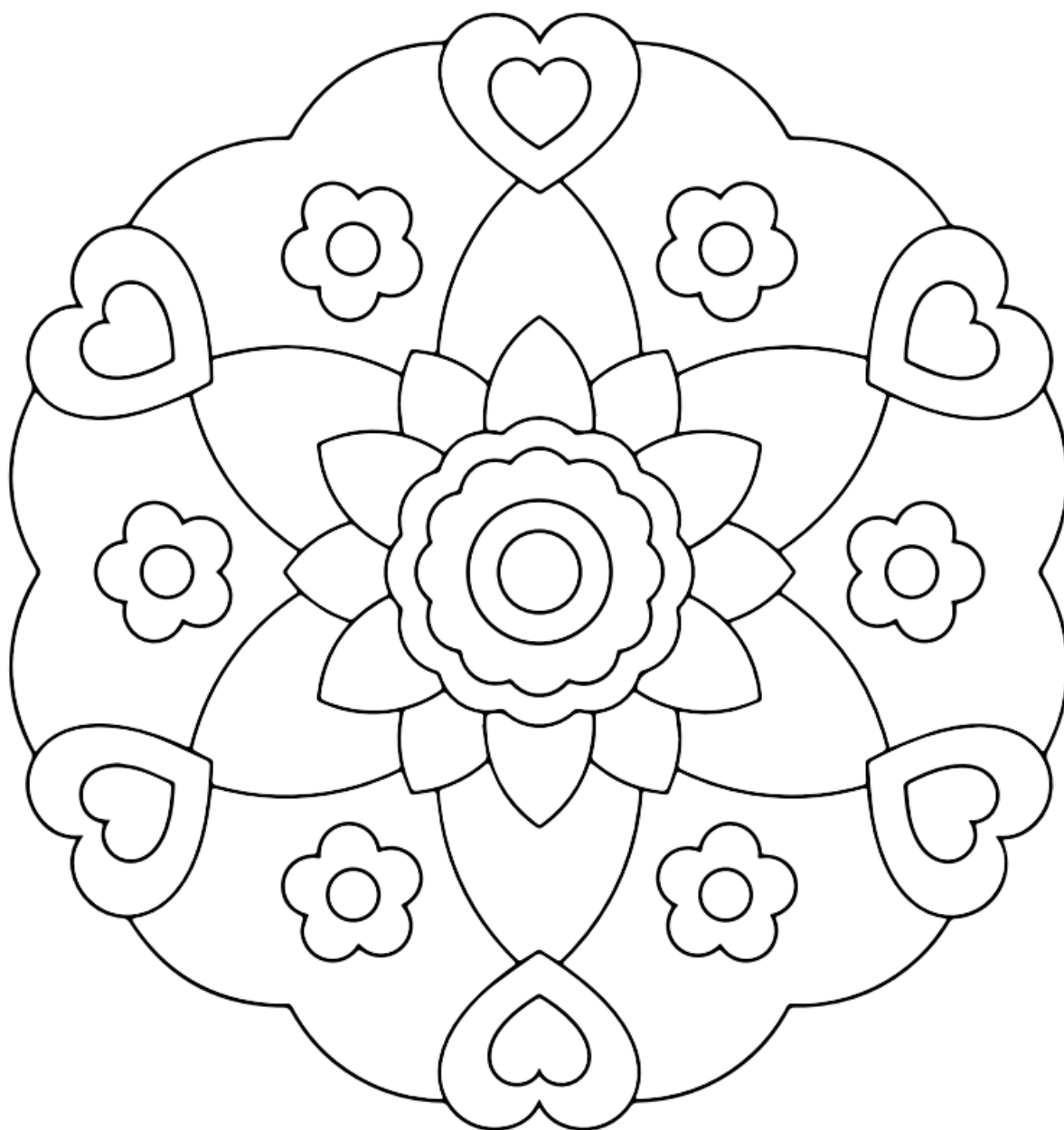
This fruit is red, are often sweet. You may have them with cream at Wimbledon.

d)



Colouring

Colour the mandala below in any way you like.



Match the song lyrics

Match the song lyrics below with the movie they featured in.

The Wizard of Oz

Titanic

Evita

The Sound of Music

Sister Act

Willy Wonka and the Chocolate Factory

Mary Poppins

Grease

1. Every night in my dreams

2. You're the one that I want

3. Somewhere over the rainbow

4. Do, a deer, a female deer

5. I've got a golden ticket

6. Don't cry for me Argentina

7. I will follow him

8. A spoonful of sugar

Odd Word Out

In each row, three of the words are linked and one is the odd word out, can you find the odd one?

1. Banana Pear Case Orange

2. Lemonade Pepsi Irun Bru Pencil

3. Telephone Tiger Cheetah Lion

4. Rose Pepper Tulip Pansy

5. Spring Clouds Winter Summer

6. Chicken Lamb Beef Milk

7. Yellow Doctor Nurse Sonographer

8. Salmon Cod Haddock Tomato

9. Seven Boat Eleven Nine

10. India Spain Tea France

Wordsearch

The words in the grid below are all breed of dogs, can you find all 10?

U	N	D	H	J	K	L	O	E	M	H	D	P	S	B
E	S	P	A	N	I	E	L	H	A	G	A	U	A	E
T	H	G	R	T	U	K	L	O	L	U	L	Y	N	A
E	G	S	G	P	T	P	Y	A	T	N	M	I	I	G
R	H	P	H	O	H	O	S	D	E	D	A	E	K	L
R	N	I	J	O	U	I	E	U	S	T	T	R	E	E
I	J	N	N	I	I	D	L	R	E	E	I	R	R	L
E	U	O	M	I	H	G	R	E	Y	H	O	U	N	D
R	I	N	H	K	A	B	X	M	Y	Q	N	H	D	Q
L	K	E	A	H	S	T	H	O	N	U	D	F	G	J
A	T	I	F	P	O	M	E	R	A	N	I	A	N	E
A	K	I	T	A	G	N	E	Y	U	K	O	P	L	O
H	J	B	A	S	S	E	T	H	O	U	N	D	A	L

Akita
Bassethound
Beagle
Dalmation
Greyhound

Maltese
Pomeranian
Spaniel
Spinone
Terrier

Who am I?

Name the famous dogs in the images below.

1.



2.



3.



4.



Complete the saying

Fill in the missing word from the sayings below.

1. Better _____ than done.
2. A hard _____ to crack.
3. A piece of _____.
4. Break a _____.
5. Don't cry over _____ milk.
6. Keep your _____ up.
7. Never in a _____ years.
8. Once in a blue _____.
9. It's raining cats and _____.
10. Speak of the _____.

Alphabets

Place the names of King's and Queen's of England in alphabetical order:

Anne William Elizabeth Henry

Mary Charles Victoria Richard

Edward James George

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

Answers

Page 1. What am I?

1. Pea (Pod)
2. Towel
3. Age

Page 2. Matching Pairs

1. b
2. c
3. d
4. a

Page 4. Match the song lyrics

1. Titanic
2. Grease
3. Wizard of Oz
4. Sound of Music
5. Willy Wonka and the Chocolate Factory
6. Evita
7. Sister Act
8. Mary Poppins

Page 5. Odd Word Out

1. Case
2. Pencil
3. Telephone
4. Pepper
5. Clouds
6. Milk
7. Yellow
8. Tomato
9. Boat
10. Tea

Answers

Page 6. Wordsearch

U	N	D	H	J	K	L	O	E	M	H	D	P	S	B
E	S	P	A	N	I	E	L	H	A	G	A	U	A	E
T	H	G	R	T	U	K	L	O	L	U	L	Y	N	A
E	G	S	G	P	T	P	Y	A	T	N	M	I	I	G
R	H	P	H	O	H	O	S	D	E	D	A	E	K	L
R	N	I	J	O	U	I	E	U	S	T	T	R	E	E
I	J	N	N	I	I	D	L	R	E	E	I	R	R	L
E	U	O	M	I	H	G	R	E	Y	H	O	U	N	D
R	I	N	H	K	A	B	X	M	Y	Q	N	H	D	Q
L	K	E	A	H	S	T	H	O	N	U	D	F	G	J
A	T	I	F	P	O	M	E	R	A	N	I	A	N	E
A	K	I	T	A	G	N	E	Y	U	K	O	P	L	O
H	J	B	A	S	S	E	T	H	O	U	N	D	A	L

Page 7. Who am I?

1. Scooby Doo
2. Lassie
3. Toto
4. Pluto

Page 8. Complete the saying

1. Said
2. Nut
3. Cake
4. Leg
5. Spilled/Spilt
6. Chin
7. Million
8. Moon
9. Dogs
10. Devil

Page 9. Alphabets

1. Anne
2. Charles
3. Edward
4. Elizabeth
5. George
6. Henry
7. James
8. Mary
9. Richard
10. Victoria
11. William

Help and Support

Royal Voluntary Service runs groups for people living with dementia and their carers, family and friends, in the following areas, to find out more please get in touch with the team in your area:

Scottish Borders:	scottishbordershub@royalvoluntaryservice.org.uk
Northumberland:	northumberlandhub@royalvoluntaryservice.org.uk
Kirklees:	kirkleesdementiasupport@royalvoluntaryseaddrvice.org.uk
Doncaster:	doncasterdementiasupport@royalvoluntaryservice.org.uk
Staffordshire:	stdementiasupport@royalvoluntaryservice.org.uk
Leicestershire:	leicestershiredementiasupport@royalvoluntaryservice.org.uk
Birmingham:	birminghamdementiasupport@royalvoluntaryservice.org.uk
South Wales:	dementiaclubwales@royalvoluntaryservice.org.uk
Oxfordshire:	oxdementiasupport@royalvoluntaryservice.org.uk
Dundee:	dundeedementiasupport@royalvoluntaryservice.org.uk
Sussex:	lancingdementiasupport@royalvoluntaryservice.org.uk
Leeds:	leedsdementiasupport@royalvoluntaryservice.org.uk

If you need urgent support, the following organisations have support lines:

Dementia UK - A free dementia helpline

Telephone: **0800 888 6678**
Email: helpline@dementiauk.org

Monday – Friday: 9:00am-9:00pm
Saturday – Sunday: 9:00am-5:00pm

Alzheimer's Society

England: **0333 150 3456**
Welsh speaking: **0330 0947 400**
Scotland (24hours): **0808 808 3000**

Monday – Wednesday: 9:00am – 8:00pm
Thursday – Friday: 9:00am – 5:00pm
Saturday – Sunday: 10:00am – 4:00pm

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