

ACTIVITY PACK

Dementia Friendly

ROYAL
VOLUNTARY
SERVICE

November 2024



Letter game

How many words can you make using the letters in the grid below:

E	C	P
L	A	G
F	T	N

Answers:

Odd Word Out

In each row, three of the words are linked, and one is the odd word out, can you find it?

1. March Friday Monday Saturday

2. Dinner Lunch Tea Crisps

3. Folder Shirt Trousers Shoes

4. Happy Sad Elated Joyful

5. Banana Pear Carrot Apple

6. Fridge Cooker Cupboard Microwave

7. Rose Daffodil Fern Tulip

8. Bed Rain Sun Windy

9. Cake Biscuit Flower Pavlova

10. Leg Paper Toe Knee

11. Stop Taxi Car Train

12. Duck Blackbird Cat Eagle

Colouring

Colour in the picture below in anyway you like



Landmarks

Name the famous landmarks in the images below.
You could also add the Country they are found in.

1.



2.



3.



4.



Matching Words

Match the words from the column on the left to those on the right to make a new word. The first one has been done for you e.g 'foot' 'print'

Tooth

Butter

Pine

Sand

Rain

Fire

Foot

Lady

Jelly

Pan

Print

Bow

Apple

Fly

Fish

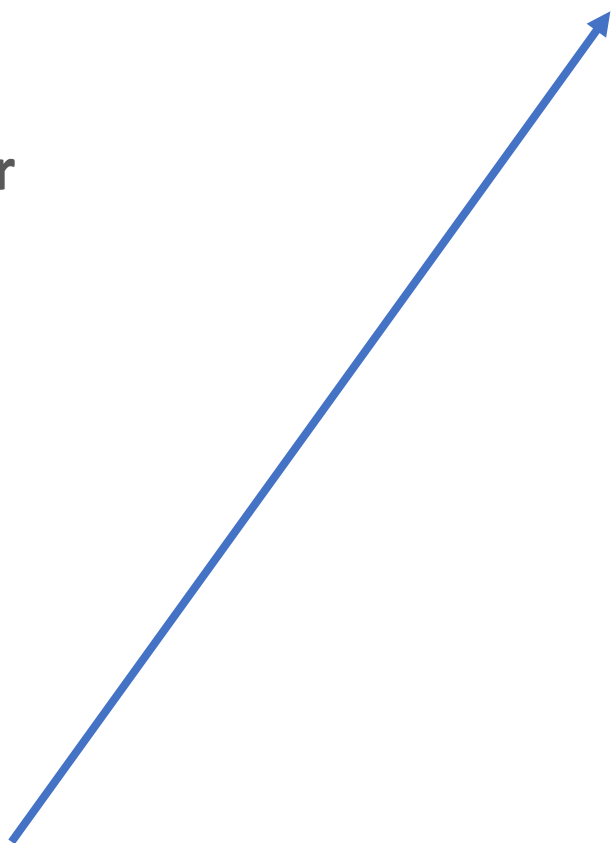
Brush

Place

Cake

Castle

Bird



Name five

For each topic, give 5 answers, or more if you can!

1. Colours

2. Biscuits

3. Car Brands/Models

4. Board Games

Spot the Difference

There are 8 differences between the two pictures below – can you find them all?



Animal Quiz

Which of the following is the largest land animal?

- a) Hippopotamus b) Elephant
- c) Giraffe d) Rhinoceros

2. Which bird is known for its ability to mimic sounds or 'talk'?

- a) Owl b) Blackbird
- c) Parrot d) Eagle

3. Which is the tallest animal?

- a) Giraffe b) Zebra
- c) Horse d) Kangaroo

4. Which of these birds cannot fly?

- a) Flamingo b) Ostrich
- c) Duck d) Hawk

5. Which animal is known to be able to change its colour to its surroundings?

- a) Frog b) Snake
- c) Chameleon d) Octopus

Finish the song

Complete the song lyrics below.

1. Love me tender, love me _____.
2. Que Sera Sera, _____.
3. Somewhere over the _____.
4. He's got the whole world, _____.
5. When the moon hits your eye like a
_____.
6. It's good to touch the green, green
_____.
7. He's the boogie woogie, bugle
_____.
8. You'll look sweet, upon the seat of a
_____.
9. Don't sit under the _____.
10. I fell into a burning ring of _____.

Answers

**Page 1. Letter Game – here are a few answers, there are many more.
Face, Plant, Place, Gate, Can't, Pet, Tag, Flag**

Page 2. Odd Word Out

- 1. March**
- 2. Crisps**
- 3. Folder**
- 4. Sad**
- 5. Carrot**
- 6. Cupboard**
- 7. Fern**
- 8. Bed**
- 9. Flower**
- 10. Paper**
- 11. Stop**
- 12. Cat**

Page 4. Landmarks

- 1. Sydney Opera House, Australia**
- 2. Stonehenge, UK**
- 3. Big Ben, UK**
- 4. Statue of Liberty, Liberty Island, New York, USA**

Page 5. Matching words

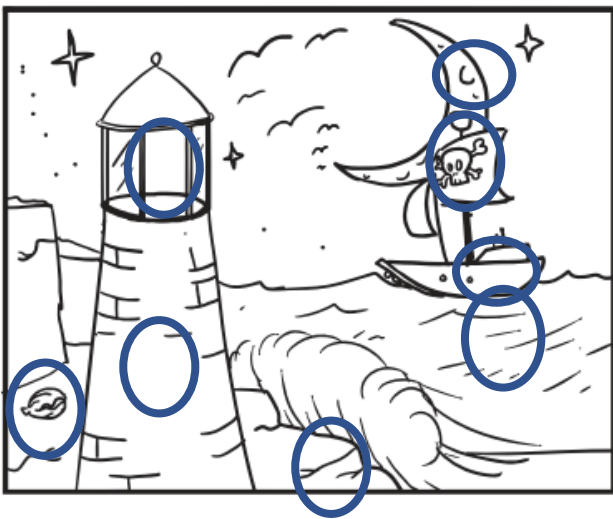
- 1. Tooth and Brush**
- 2. Butter and Fly**
- 3. Pine and Apple**
- 4. Sand and Castle**
- 5. Rain and Bow**
- 6. Fire and Place**
- 7. Foot and Print**
- 8. Lady and Bird**
- 9. Jelly and Fish**
- 10. Pan and Cake**

Answers

Page 6. Name five – there are many other answers

1. Colours – Blue, Pink, Purple, Green, Yellow
2. Biscuits – Bourbon, Twix, Digestive, Custard Cream, Kit Kat
3. Car Brands / Models – Skoda, Ford, Volkswagen, Seat, BMW
4. Board Games – Monopoly, Cluedo, Chess, Scrabble, Backgammon

Page 7. Spot the Difference



Page 8. Animal Quiz

1. Elephant
2. Parrot
3. Giraffe
4. Ostrich
5. Chameleon

Page 9. Finish the song

1. Sweet
2. Whatever will be, will be
3. Rainbow
4. In his hands
5. a big pizza pie
6. of home
7. boy of Company B
8. Bicycle built for two.
9. The apple tree
10. Fire

Help and Support

Royal Voluntary Service runs groups for people living with dementia and their carers, family and friends, in the following areas, to find out more please get in touch with the team in your area:

Scottish Borders:	scottishbordershub@royalvoluntaryservice.org.uk
Northumberland:	northumberlandhub@royalvoluntaryservice.org.uk
Kirklees:	kirkleesdementiasupport@royalvoluntaryseaddrvice.org.uk
Doncaster:	doncasterdementiasupport@royalvoluntaryservice.org.uk
Staffordshire:	stdementiasupport@royalvoluntaryservice.org.uk
Leicestershire:	leicestershiredementiasupport@royalvoluntaryservice.org.uk
Birmingham:	birminghamdementiasupport@royalvoluntaryservice.org.uk
South Wales:	dementiaclubwales@royalvoluntaryservice.org.uk
Oxfordshire:	oxdementiasupport@royalvoluntaryservice.org.uk
Dundee:	dundeedementiasupport@royalvoluntaryservice.org.uk
Sussex:	lancingdementiasupport@royalvoluntaryservice.org.uk
Leeds:	leedsdementiasupport@royalvoluntaryservice.org.uk

If you need urgent support, the following organisations have support lines:

Dementia UK - A free dementia helpline

Telephone: **0800 888 6678**
Email: helpline@dementiauk.org

Monday – Friday: 9:00am-9:00pm
Saturday – Sunday: 9:00am-5:00pm

Alzheimer's Society

England: **0333 150 3456**
Welsh speaking: **0330 0947 400**
Scotland (24hours): **0808 808 3000**

Monday – Wednesday: 9:00am – 8:00pm
Thursday – Friday: 9:00am – 5:00pm
Saturday – Sunday: 10:00am – 4:00pm

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